

Quick Notes

In This Issue

Domestic Violence In The Workplace

Pages 1-2

Summer Gateway Program 5K Walk/Run

Page 2

TWC Offers Workplace Consulting Services to Local Businesses

Page 3



ADVANTAGES OF A TRAINED WORKFORCE

Increased Job Satisfaction

Increased Workforce
Flexibility

Increased Employee
Motivation

Increased Efficiencies
Resulting in Financial
Savings

Increased Employee
Retention

Enhanced Company Image

Risk Management

Source: Free Management Library

DOMESTIC VIOLENCE IN THE WORKPLACE

True or False? Domestic violence impacts the workplace? Absolutely true. Did you know that domestic violence costs U.S. businesses 3 to 5 billion dollars annually? How? Lost productivity, increased turnover and absenteeism, and employee safety just to name a few of the associated cost. The Center for Disease Control and Prevention estimates the annual cost of lost productivity due to domestic violence at \$727.8 million.

What can local employers do to address domestic violence in their workplaces? *First and foremost*, train your managers to recognize and respond to domestic violence. Supervisors are often the first people to recognize domestic violence and are able to provide real support to victims. *Second*, create a supportive environment where victims feel safe to disclose abuse. Employers can display posters, informational brochures, feature awareness articles in their employee newsletters, promote their Employee Assistance Program and local domestic violence center to build a climate of support. *Third*, develop a Workplace Response Policy which outlines the employer's role, response and resources available to victims. A policy can equip your managerial staff to effectively address domestic violence in your workplace. *Lastly*, provide domestic violence awareness training to your employees. Employees who know where to turn for help in a supportive environment may be more inclined to seek help.

How can The Women's Center help employers to address domestic violence in their workplaces? The Women's Center can assist employers with training their workforce to recognize, respond and refer victims of domestic violence. Our training for managers is designed to: increase awareness of domestic violence issues which affect the workplace, identify organizational costs, and develop managerial skills and organizational strategies for reducing domestic violence in the workplace. A training program for employees is also available and helps employees know where in the organization to turn for assistance. Both trainings are offered to businesses at no cost. To help create a supportive environment, The Women's Center offers workplace posters, informational brochures, and provides resources for newsletter articles. Sample policies and assistance with policy development is also available by calling The Women's Center.

(Continued on page 2)

BOARD OF THE WOMEN'S CENTER DIRECTORS

2010-2011

Dr. Caryn Terwilliger
President

Alana Atchinson
Vice President

Lynda Michaels
Treasurer

Emily Kessler
Secretary

Darla Bressler

Kristy Follmer

Jack Gerst

William Kreisher

Susan Oberkircher

Sharon Santus

Kathlene Russell
Ex. Officio

“THESE HANDS WILL NOT HIT” DISPLAY

is a pledge made by local high school students from Columbia and Montour Counties to raise awareness and protest against the devastating impact of sexual violence in our communities. The students traced their hands and designed t-shirts that were featured in the window display at B Green Loft in downtown Bloomsburg. Thank you to the students at the Berwick, Bloomsburg and Danville High Schools and the young ladies at North Central Secure Treatment Facilities in Danville.

ARTICLE *(continued from page 1)*

For assistance, additional information or to schedule training at your workplace please contact The Women's Center at 784-6632.

Employers can make a real difference in their workplace and in the lives of their employees who are dealing with violence. Join the many other local employers who have implemented the above strategies to create a more productive and safe environment for their employees.



“These Hands Will Not Hit” Display was featured during the month of April, at B Green Loft in Bloomsburg, in honor of Sexual Assault Awareness Month.

UPCOMING EVENTS

Summer Gateway Program

Gateways is a summer program for children ages 5-12 who have been affected by domestic or sexual violence. Children have the opportunity to enjoy field trips while learning about safety, non-violent problem solving, bullying prevention, communication and boundaries. The program will be held every Tuesday beginning on June 21st and ending on August 2nd. For more information please call 784-6631.

5K Walk/Run

October 8, 2011

Bloom Health & Fitness
1150 Old Berwick Road
Bloomsburg, PA
11:00 - 3:00pm
Registration starts
@ 10:00 a.m.

\$15.00 pre-registry
\$20.00 day of event

For more information call
784-6631

COMPREHENSIVE WORKPLACE CONSULTING SERVICES

THE WOMEN'S CENTER OFFERS A WIDE ARRAY OF EDUCATION SERVICES TO PROFESSIONALS IN A VARIETY OF BUSINESS SETTINGS.

In addition to our **DOMESTIC VIOLENCE IN THE WORKPLACE** Trainings, we offer other training programs in the workplace.

WORKPLACE SEXUAL HARASSMENT

The Women's Center offers sexual harassment training for both managers and employees. Our training provides the workforce with the necessary skills to recognize, respond and report harassment. Employees participating in trainings report feeling empowered by knowing how to stop and report harassment.

WE CAN ALSO TAILOR A TRAINING PROGRAM TO MATCH YOUR ORGANIZATION'S NEEDS either by adapting an existing program or developing a new one. All trainings are offered at no cost to businesses. Donations are gladly accepted.

PLANNING & MARKETING

Let The Women's Center help with the planning and marketing of your training event. Pre-marketing activities include sample articles that can be incorporated into your employee newsletter, website and emails. Informational brochures and workplace posters are available at no cost to employers. To schedule a training or for more information please call 784-6632.

Extreme Makeover: Shelter Edition

We are seeking individuals, groups or organizations to assist us in refurbishing our shelter bedrooms. We are asking for gift cards or monetary donations from the community to purchase much needed materials for our shelter bedrooms. With your help, we can create a more comfortable stay for women and their children at our shelter. To help, please call 784-6631.

Attention Shoppers

Two Ways you can help TWC simply by shopping

We are still selling Weis and Giant gift cards. With every gift card you purchase, you automatically donate 10% of the face value to The Women's Center. For example, if you purchase a \$50.00 gift card, you automatically donate \$5.00 to The Women's Center. Gift cards can be purchased at our website: www.thewomenscenterinc.org or at our administration office located at 111 North Market Street in Bloomsburg.

If you shop online, check out our new e-bay store selling under the name of "*peaceineveryhome*". We offer unique items at great prices. All proceeds benefit adult and child victims of domestic and sexual violence.

http://shop.ebay.com/peaceineveryhome/m.html?_dmd=1&_ipg=50&_sop=12&_rdc=1

Thank you for your support.

The Women's Center, Inc.

111 North Market Street
Bloomsburg, Pennsylvania 17815



Funded by P.C.A.D.V. and P.C.A.R.

June 2011 Issue

Non-Profit
U.S. Postage
PAID
17815
Permit #4

Current Resident or

The Women's Center would like to extend a sincere *Thank You* to all of the generous businesses, organizations and community members who have made contributions to help us better serve victims and their children:

Bloomsburg Subway • The Cloak & Dragon Bookstore • Capitol Restaurant & Bar
Multi County Land Abstract Company • St. Cyril Academy • Andrea Helwig • Lisa Hopkins
Dolores Boginsky • Beth Burleigh • Leigh Ann Hunter • Lavita Young
Wilburton United Methodist Church • Yvonne Katerman • Leilani Kupo
St. Columba Brownie Troop 30274 • Mt. Zion United Methodist Church • Tim Pelton
BU SOLVE Office • Cherokee Pharmaceuticals' Employee Giving Campaign Pledges
United Methodist Women of Christ UM Church • Camille Kriner • John Powers
Zabrina Finn • Jayleen Miller • Lisa Mael • St. Matthews Church • Bloomsburg Ministerium
Sonal Harris • Pine Barn Inn • Trinity Reform UCC • Patty & Joe Barrett
United Way of Columbia County 2010 SECA Campaign Pledges • David & Valerie Andreychik
Church of Jesus Christ of LatterDay Saints • Michael Mertz • Lisa Hopkins • Towne Camera
Cinema Center • Catawissa First United Methodist Church • Wendy Bolinsky • Linda Baker
Kathy Thomas • Agape • Katherine Mulka • Berwick SADD • Gillian Hollands • Nescopceck
Township Ladies Auxiliary • Trinity Lutheran Church • Carol Venuto • Ann Kielbasa
John Collins • Dawn Wynings • Mary Deihl • Junior Girl Scout Troop 2492 • Jeryl Simon
United Methodist Women • H.Belle Himes • Susan R. Hicks • Barbara Yamulla
Deanna R. Pealer • Bloom Naturally • Bloomsburg OIP • Balzanos • Wesley United
Methodist Church • Debbie Spivey • SNAC Student Nurses Association • Autum Steck
Kristy Follmer • Frank McGady • Thomas Allen • J Woodwang • David & Evangeline L. Go
Country Folk • Sharon C. Hoy • Mary Ellen Sager • Helen Hock • Erik Kile • Anna Hoff
Nandini Sengupta • Sherian Angeli • Rohrbach's Farm Market

To Contact The Women's Center:

Administration *Hotline*
570.784.6632 **570.784.6631**

Toll Free *Fax*
1.800.544.8293 **570.784.6680**
24-hours / 7 days

email: womenctr1@verizon.net
www.thewomenscenterinc.org

Yes!

**I would like to support
The Women's Center.**

Enclosed is my tax deductible
donation of \$ _____

- Yes. Please *include* my name in a list of public donors.
- No. Please *do not* include my name.

Donor

Please Remit To: The Women's Center
111 North Market Street
Bloomsburg, PA 17815

THANK YOU!