



VOLUNTEER VOICE

"Volunteers don't get paid, not because they're worthless, but because they're priceless"
-Sherry Anderson

FY 25/26 Issue II

Winter 2025/2026

Current Needs/Projects



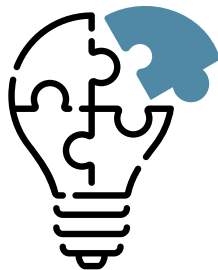
We are looking for volunteers to assist with the following projects:

- Sorting and organizing toys and food donations.
- Wednesday December 10th, Participant Holiday Meal & Gift Pickup at The Caldwell Consistory
 - 3 volunteers to help with packing meals, from 4:30–6:30pm
 - 2 volunteers to help distribute meals and gifts, from 5–7:30pm

If you are able to assist with any of these projects or would like additional information, please contact Sadie!

Upcoming Training Opportunities

The following trainings are being hosted by The Women's Center and are open to all staff and volunteers. If you would like to attend, please contact Sadie.



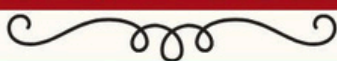
- January 14th, 2026, from 1–3pm: HIV/AIDS, Ethics & Boundaries. *Virtual Training*
- March 11th, 2026, from 1–3pm: Working with individuals with ID/Autism, disability etiquette, and professional boundaries. *In-Person Training*
- April 8th, 2026, from 1–3pm: Brain Injuries & Domestic Violence. *In-Person Training*

Please Note: In-person trainings will take place at the Administrative Building, 111 North Market Street, Bloomsburg PA 17815.



THE WOMEN'S CENTER, INC.
OF COLUMBIA/MONTGOMERY
HOLIDAY MEAL
&
GIFT PICKUP

MUST PRE-REGISTER BY MONDAY, DECEMBER 8TH BY 12 NOON!



CALL 570-784-6631

MENU

SLICED HAM W/PINEAPPLE
MACARONI AND CHEESE
GREEN BEANS
SALAD
ROLLS



Wednesday,
December 10, 2025



5:30PM - 7:30PM



Caldwell Consistory
150 Market St.
Bloomsburg, PA 17815

CELEBRATING 51 YEARS
OF SERVICE!



Navigating the Holidays: Awareness & Self-Care:

During the holidays, the pressures of finances, family gatherings, and emotional expectations can intensify experiences of domestic violence. We encourage volunteers to stay informed and also prioritize self-care as you support others. To learn more, we've included several webinars with additional information and resources.

[Domestic Violence & The Holidays](#)

[Self-Care for the Season: Managing Holiday Stress](#)



January- Human Trafficking & Stalking Awareness Month:

- In January, we join the nationwide call to action to elevate awareness, strengthen our communities, and support survivors.
- National Stalking Awareness Month: An estimated 13.5 million people are stalked in a one-year period in the United States. Stalking is a pattern of behavior directed at a specific person that would cause a reasonable person to fear for the person's safety or for the safety of others; or suffer substantial emotional stress. Click [here](#) to learn more.
- Human Trafficking Prevention Month: In 2024, 11,999 cases of human trafficking were reported to the U.S. National Human Trafficking Hotline involving 21,865 victims.
 - Sex trafficking is the crime of using force, fraud or coercion to induce another individual to sell sex. Common types include escort services, pornography, illicit massage businesses, brothels, and outdoor solicitation.
 - Labor trafficking is a form of modern-day slavery in which individuals perform labor or services through the use of force, fraud, or coercion. Labor traffickers use violence, threats, lies, and other forms of coercion to force people to work against their will in many industries including farmworkers, factory workers, and domestic servants.
 - Click [here](#) to learn more.



Donations Needed:

- Laundry Detergent
- Shaving Cream
- Razors
- Shampoo & Conditioner
- Body Wash
- Deodorant
- Hairbrushes
- Check out our Amazon Wishlist [here](#) or by scanning the QR code!



Women's Center Contact Info:

24-hour hotline: (570)-784-6631 or toll free at 1-800-544-8293
Admin. Office: Monday-Friday 9am-5pm (570)-784-6632
111 North Market Street, Bloomsburg, PA 17815

The Women's Center is the only state recognized domestic violence and rape crisis center in Columbia and Montour Counties.