



VOLUNTEER VOICE

"Volunteering is at the very core of being a human. No one has made it through life without someone else's help" -Heather French Henry

FY 25/26 Issue I Fall 2025

Current Needs/Projects

We are looking for volunteers to assist with the following projects:

- Sorting and organizing clothing donations
- Individuals to assist with set up/tear down, registration, and food table at our *In Their Shoes* event (flyer attached with additional information)
- Bingo helpers (flyer attached), we need individuals to help with registration, bingo callers, and raffles.

If you are able to assist with any of these projects or would like additional information, please contact Sadie!

Upcoming Training Opportunities

The following are in-person trainings that will take place at our Administrative Office. If you would like to attend, please contact Sadie.

September 10th, 1-3pm: Self-Care Yoga

October 8th, 1-3pm: Ethics & Boundaries

November 12th, 1-3pm Human Trafficking- facilitated by an FBI Victim Specialist





In Their Shoes

DOMESTIC VIOLENCE SIMULATION

 **Location:** St. Luke's Church
9 St. Lukes Way, Bloomsburg, PA 17815

 **Date:** October 6, 2025

 **Time:** Doors open at 11:00 AM

Event Schedule

Light Lunch Available

- 11:00 AM – 12:00 PM

In Their Shoes Simulation Activity

- 12:00 PM – 2:00 PM

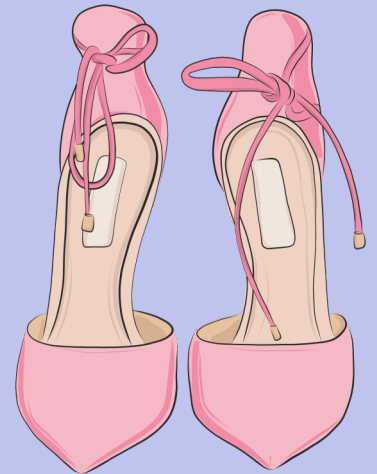


About the Simulation

In Their Shoes is a scenario-based, interactive experience grounded in real survivor stories.

Participants will:

- Step into a survivor's shoes
- Make decisions based on real-life challenges
- Explore the complexities of domestic violence



This powerful activity encourages empathy, conversation, and awareness.

Please Note Discussions may be personal or triggering. We are committed to a safe and respectful environment.  A quiet space and trained Advocate will be available if needed.

Registration Required

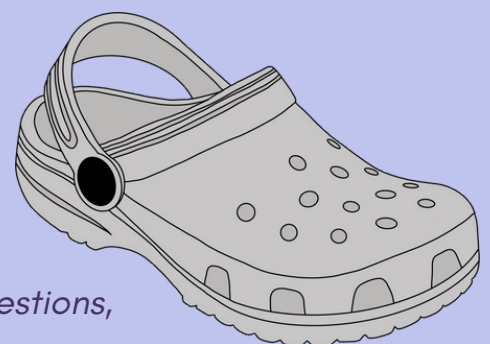
Limited to 40 participants



Reserve your spot today!

➔ <https://tinyurl.com/twcintheirshoes>

If you have trouble registering for the event or have any questions, please call (570)-784-6632.





\$100 CASH BINGO

Tickets: \$20 each

20 games of bingo for \$100 cash prize

4 special games, 50/50, raffle, lottery tree, rip offs

Chance auction and food available the day of bingo

Each seat must have a ticket due to limited seating

To purchase a ticket, please call (570)-784-6632, Monday-Friday 9am-5pm.

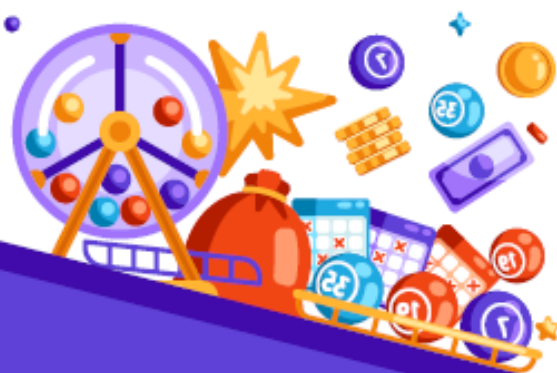
PRIZES | FOOD | FUN



**Sunday, October 26,
Doors Open 12PM,
Bingo Starts 2PM**



**Bloomsburg Fire
Department,
911 Market Street.,
Bloomsburg, PA**



www.thewomenscenterinc.org



Domestic Violence Awareness Month

Lottery Fundraiser



**OCTOBER
1-31**

TICKETS- \$10 EACH



Winning numbers will be
drawn using the 7pm Evening
PA Lottery Pick 3 Drawing.

To purchase tickets, please
scan the QR code or call
(570)-784-6632
Monday-Friday 9am-5pm

<https://www.thewomenscenterinc.org/>



October 2025– Domestic Violence Awareness Month

October is recognized as National Domestic Violence Awareness Month (DVAM). Domestic Violence Awareness Month evolved from the First Day of Unity observed in October 1981 by the National Coalition Against Domestic Violence (NCADV). The Day of Unity soon became a special week when a wide range of activities was conducted at the local, state, and national levels. Although these activities were varied and diverse, the program sponsors all shared these common themes: mourning those who died as a result of domestic violence, celebrating those who have survived domestic violence and engaging our communities to end domestic violence.

This year's theme is #Every1KnowsSome1, which means that everyone knows someone that's affected by domestic violence, whether you can see it or not. Because domestic violence thrives in silence, it is imperative to get people talking about it so survivors know that they are not alone and that help is available. One isn't just a number; it's SOMEONE– a family member, a neighbor, a coworker, a friend. Domestic violence affects all of us and all of us must be part of the solution. Getting involved in events during this month is a great way to stand up for survivors and bring awareness to domestic violence.

November 2025– Strangulation Awareness Month

Strangulation is one of the most lethal forms of domestic violence.

Abusers often use non-fatal strangulation as a tactic to terrorize and control their victims by holding over them the literal power of life and death. Research into domestic violence fatalities shows that an abuser's attempt to strangle the victim can be a dramatic predictor of future lethality in intimate partner violence cases.

Click [here](#) to view the signs and symptoms of strangulation.

To learn more, check out the webinar: [What Every Advocate Needs to Know About Strangulation](#).



Donations Needed:

- Laundry Detergent
- Trash Bags
- Cleaning Supplies
- Hygiene Supplies
- Toilet Paper & Paper Towels
- Bras & Underwear
- Diapers
- Check out our Amazon Wishlist [here](#) or by scanning the QR code!



Women's Center Contact Info:

24-hour hotline: (570)–784–6631 or toll free at 1-800-544-8293
Admin. Office: Monday–Friday 9am–5pm (570)–784–6632
111 North Market Street, Bloomsburg, PA 17815

The Women's Center is the only state recognized domestic violence and rape crisis center in Columbia and Montour Counties.